



# Wettkampfprotokoll

(1)

Deutsche Meisterschaft im Strict-Curl 2016

Berlin, 12.03.2016

AK 4, AK 3, AK 2

Paulstr. 20B, 10557 Berlin

Akl.	GK	NR	Name	KG	Coef.	Geb.	Verein	Strict-Curl			Best	Wilk's	Platz
								1.	2.	3.			
AK 4	66	1	Geese, Rainer	61,0	0,8402	1943	SV Siegfried-Nordwest	35,0	37,5	40,0	40,0	33,60800	1
AK 4	74	1	Nemack, Wolfgang	71,6	0,7367	1946	SV Siegfried-Nordwest	40,0	xx	xx	40,0	29,46800	1
AK 4	83	1	Schmidt, Heinrich	81,1	0,6769	1936	AC Meißen	32,0	35,0	36,0	36,0	24,36840	1
AK 4	93	1	Stabenow, Hans Jürgen	88,6	0,6436	1946	SV Siegfried-Nordwest	40,0	45,0	46,0	46,0	29,60560	1
AK 4	93	1	Kolditz, Wolfgang	88,2	0,6451	1940	Herrenburger AV	37,5	40,0	41,0	41,0	26,44910	2
AK 3	74	1	Koehl, Lothar	71,2	0,7398	1947	USV TU Dresden	50,0	52,0	54,0	54,0	39,94920	1
AK 3	83	1	Apel, Bernd	80,0	0,6827	1952	FT Blumenthal	53,0	57,0	58,0	58,0	39,59660	1
AK 3	83	1	Rothe, Harry	80,5	0,6800	1956	USV TU Dresden	40,0	43,0	45,0	45,0	30,60000	2
AK 3	93	1	Höfener, Ronald	87,5	0,6479	1955	SV Siegfried-Nordwest	50,0	52,5	-55,0	52,5	34,01475	1
AK 3	93	1	Bielig, Dieter	90,5	0,6366	1952	Fitness Meißen	43,0	50,0	-53,0	50,0	31,83000	2
AK 3	105	1	Wreßnig, Bernd	96,5	0,6177	1949	AC Meißen	44,0	-47,0	47,0	47,0	29,03190	1
AK 2	74	2	Köhler, Wolfgang Marian	73,9	0,7200	1959	Clever Fit Halle Saale	52,0	-55,0	-55,0	52,0	37,44000	1
AK 2	83	2	Hauge, Andreas	79,8	0,6838	1960	Clever Fit Halle Saale	49,0	52,0	-53,0	52,0	35,55760	1
AK 2	93	2	Schröder, Jürgen	91,5	0,6331	1962	Clever Fit Halle Saale	-61,0	61,0	-62,0	61,0	38,61910	1
AK 2	93	2	Jung, Donald	92,5	0,6298	1963	TSV Tangermünde	53,0	56,0	59,0	59,0	37,15820	2
AK 2	105	2	Arnold, Waldemar	94,0	0,6250	1959	FIZ Uni Kiel	50,0	53,0	-55,0	53,0	33,12500	2
AK 2	105	2	Fullert, Frank	94,0	0,6250	1964	Megafit	50,0	55,0	59,0	59,0	36,87500	1
AK 2	120	2	Gohrbandt, Ditmar	105,2	0,5972	1966	USV TU Dresden	52,0	56,0	58,0	58,0	34,63760	1

Hauptkampfrichter  
Name: Wolfgang Nemack

Seitenkampfrichter  
Name: Gustav Koltzenburg

Seitenkampfrichter  
Name: Ronald Höfener



# Wettkampfprotokoll

(2)

Deutsche Meisterschaft im Strict-Curl 2016

Berlin, 12.03.2016

AK1 / weiblich komplett

Paulstr. 20B, 10557 Berlin

Akl.	GK	NR	Name	KG	Coef.	Geb.	Verein	Strict-Curl			Best	Wilk's	Platz
								1.	2.	3.			
AK 1	83	3	Gißler, Kai	80,0	0,6827	1970	Clever Fit Halle Saale	-52,0	52,0	53,0	53,0	36,18310	2
AK 1	83	3	Schüler, Thorsten	80,2	0,6816	1967	Mc-Fit Reinickendorf	58,0	64,0	-65,0	64,0	43,62240	1
AK 1	93	3	Melzer, Bruno	90,3	0,6373	1975	Sanssuci Gym Potsdam	50,0	-55,0	-55,0	50,0	31,86500	2
AK 1	93	3	Petzer, Andreas	92,5	0,6298	1971	Sanssuci Gym Potsdam	60,0	64,0	67,0	67,0	42,19660	1
AK 1	105	3	Wahl, Hans-Jörg	94,0	0,6250	1968	AC Neukirchen	60,0	62,5	-65,0	62,5	39,06250	1
AK 1	105	3	Engel, Swen	103,5	0,6006	1972	Powerlifting Lauchhammer	55,0	61,0	-65,0	61,0	36,63660	2
AK 1	120	3	Ribb, Hagen	108,5	0,5910	1970	Health Center	55,0	63,0	71,0	71,0	41,96100	1
AK 1	120	3	de Hoog, Marco	111,0	0,5869	1973	Budo Club Banzai	63,0	65,0	-67,0	65,0	38,14850	2
AK 1	120	3	Nethe, Sven	116,0	0,5797	1975	TSV Tangermünde	-60,0	65,0	-70,0	65,0	37,68050	3
AK 1	+120	3	Kucharski, Frank	122,5	0,5723	1976	Die Körperschmieder	62,5	-65,0	65,0	65,0	37,19950	2
AK 1	+120	3	Nickel, Mario	129,0	0,5664	1973	Clever Fit Halle Saale	60,0	66,0	-70,0	66,0	37,38240	1
w. Junioren	47	4	Reck, Anna	45,0	1,3868	1995	AC Meißen	21,0	24,0	-25,0	24,0	33,28320	1
w. Junioren	63	4	Tokovenko, Svitlana	60,0	1,1149	1995	AC Meißen	22,5	24,0	27,0	27,0	30,10230	1
w. Aktive	57	4	Soltys, Nicole	55,0	1,1933	1991	Clever Fit Halle Saale	26,0	27,0	-28,0	27,0	32,21910	1
w. AK 2	72	4	Schwarz, Katrin	67,0	1,0261	1962	USV TU Dresden	22,5	25,0	27,5	27,5	28,21775	2
w. AK 2	72	4	Kothe, Andrea	65,5	1,0432	1966	AC Meißen	32,0	35,0	37,0	37,0	38,59840	1
w. AK 2	+84	4	Döbbberthien, Silvia	87,0	0,8769	1960	M&M Sportstudio	38,0	40,0	41,0	41,0	35,95290	1
w. AK 1	63	4	Voßwinkel, Daniela	62,4	1,0818	1973	Clever Fit Halle Saale	23,0	24,0	26,0	26,0	28,12680	1
w. AK 1	72	4	Golisch, Katrin	67,3	1,0228	1970	Health Center	25,0	27,5	30,0	30,0	30,68400	1

Hauptkampfrichter

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(3)

Deutsche Meisterschaft im Strict-Curl 2016

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Jugend, Junioren

Paulstr. 20B, 10557 Berlin

Akl.	GK	NR	Name	KG	Coef.	Geb.	Verein	Strict-Curl			Best	Wilk's	Platz
								1.	2.	3.			
Jugend	66	5	Menke, Lukas	60,0	0,8529	1998	AC Meißen	35,0	40,0	45,0	45,0	38,38050	2
Jugend	66	5	Winkler, Franz	62,0	0,8281	1998	AC Meißen	42,0	46,0	48,0	48,0	39,74880	1
Jugend	66	5	Triebe, Patrick	62,8	0,8189	1999	AC Meißen	34,0	37,0	40,0	40,0	32,75600	3
Jugend	74	5	Lange, Lennart	66,1	0,7842	2000	AC Meißen	35,0	38,0	-40,0	38,0	29,79960	3
Jugend	74	5	Hoffmann, Joel	73,0	0,7264	1999	AC Meißen	41,0	45,0	48,0	48,0	34,86720	2
Jugend	74	5	Dahlitz, Florian	73,5	0,7228	1999	AC Beeskow	45,0	50,0	-55,0	50,0	36,14000	1
Jugend	83	5	Sharmadin, Erik	77,0	0,6999	2000	FT Blumenthal	48,0	51,5	-53,0	51,5	36,04485	1
Jugend	93	5	Weser, Martin	88,5	0,6440	1999	AC Meißen	46,0	50,0	-53,0	50,0	32,20000	1
Junior	93	5	Schneider, Michael	89,6	0,6398	1993	Mc Fit Nürnberg	70,0	71,0	72,0	72,0	46,06560	1
Junior	105	5	Dahlitz, Christoph	93,1	0,6279	1993	AC Beeskow	45,0	50,0	60,0	60,0	37,67400	1
Junior	120	5	Hayde, Jacob	110,0	0,5885	1995	AC Meißen	68,0	-71,0	71,0	71,0	41,78350	1

Hauptkampfrichter  
Name: Günter Nieberlein

Seitenkampfrichter  
Name: Gustav Koltzenburg

Seitenkampfrichter  
Name: Ronald Höfener



# Wettkampfprotokoll

(4)

Deutsche Meisterschaft im Strict-Curl 2016

Berlin, 12.03.2016

Aktive

Paulstr. 20B, 10557 Berlin

Akl.	GK	NR	Name	KG	Coef.	Geb.	Verein	Strict-Curl			Best	Wilk's	Platz
								1.	2.	3.			
Aktive	66	6	Locke, Oliver	62,1	0,8270	1988	SG Motor Freital	40,0	42,0	44,0	44,0	36,38800	1
Aktive	74	6	Schiffner, Patrick	69,0	0,7578	1978	Cyti Fit Weiden	52,5	56,0	-61,0	56,0	42,43680	2
Aktive	74	6	Fortak, Alexander	70,0	0,7494	1977	Sanssuci Gym Potsdam	55,0	57,0	61,5	61,5	46,08810	1
Aktive	83	6	Weber, Benjamin	75,1	0,7119	1990	Clever Fit Halle Saale	58,0	60,0	-62,0	60,0	42,71400	2
Aktive	83	6	Johanns, Christopher	77,5	0,6969	1984	Budo Club Banzai	50,0	55,0	-60,0	55,0	38,32950	4
Aktive	83	6	Brandenburg, Sebastian	80,5	0,6800	1986	TSV Tangermünde	53,0	56,0	-60,0	56,0	38,08000	3
Aktive	83	6	Bergt, Rene	81,9	0,6729	1983	Clever Fit Halle Saale	64,5	65,5	66,5	66,5	44,74785	1
Aktive	93	6	Pfau, Christian	83,1	0,6670	1981	Sanssuci Gym Potsdam	54,0	56,0	-57,0	56,0	37,35200	2
Aktive	93	6	Parr, Andre	84,5	0,6606	1980	Clever Fit Halle Saale	66,0	68,0	-70,0	68,0	44,92080	1
Aktive	93	6	Hövelmann, Kevin	90,1	0,6380	1980	Powerlifting Lauchhammer	50,0	-55,0	-55,0	50,0	31,90000	3
Aktive	93	6	Leonhardt, George	90,5	0,6366	1987	TSV Tangermünde	45,0	50,0	-60,0	50,0	31,83000	4
Aktive	105	6	Fimmel, Stefan	97,5	0,6150	1981	SV Fürstenwalde	58,0	-62,0	-63,0	58,0	35,67000	2
Aktive	105	6	Zschoche, Stephan	100,5	0,6074	1989	Megafit Dresden	70,0	72,5	-76,0	72,5	44,03650	1
Aktive	120	6	Raack, Robert	109,1	0,5900	1987	AC Beeskow	50,0	60,0	-65,0	60,0	35,40000	1
Aktive	+120	6	Petermann, Sirko	121,5	0,5733	1977	TuSG Mittelsachsen	60,0	70,0	76,5	76,5	43,85745	1

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